A group of graduates in green gowns and caps are celebrating outdoors. One student in the center is taking a selfie with a smartphone held high. Other students are smiling and holding their diplomas. The background shows a grassy area with trees under a bright sky.

Passages

HOLY FAMILY CATHOLIC HIGH SCHOOL | SUMMER 2022/GRADUATION ISSUE

*Celebrating
Holy Family's
Class of 2022!*

Mission Statement

Holy Family Catholic High School offers students excellence in education by providing opportunities to grow spiritually, morally, intellectually, and physically within a community of Faith. We empower and encourage our students to achieve personal excellence, to use their talents to lead, to serve God, one another, and the larger community.



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TRIPLE A AWARD

Sophia Heles and Luke Gadelmann were named Holy Family's 2022 MSHSL Triple A Award recipients. The Academics, Arts, and Athletics Award, commonly known as the Triple 'A' Award, honors high school seniors throughout the state who have a 3.0 or higher-grade point average and who participate in League-sponsored athletic and fine arts activities.

Letter from President Michael Brennan



May our graduates always trust that a candle—a Fire—will forever be glowing in the window of Holy Family welcoming them home, not just because of how the school made them feel, but because of how they made us feel, too.

Nearly a decade ago, when congratulating a retiring colleague on a successful career and his many accomplishments, he humbly reminded me that he was only able to achieve such things because he stood on the shoulders of those who came before him—a likely reference to the famous quote by Sir Isaac Newton...but I'll give him credit too! This image never escapes me. Who we are today is directly tied to our predecessors' foundational influence and actions. We build upon what they started. So, too, each graduating class stands on the shoulders of a legacy modeled for them by the classes who graduated before them.

To be honest, most high school students don't really begin to intentionally focus on the leaders they want to be as seniors until somewhere in their junior year. That's not to say they haven't led as 9th and 10th-grade students, but they likely spend little time in those early years considering the role models they will be for younger students when their time comes to occupy the lockers in A-wing. Instead, they are busy living in the moment and witnessing the current seniors leading the school's clubs, teams, performance groups, convocations, and sacramental celebrations.

For the Class of 2022, the end of their sophomore year and the entirety of their junior year looked like nothing in Holy Family's previous 20 years of existence. And while the Classes of 2020 and 2021 modeled resilience, creativity, and perseverance, this year's seniors would be responsible for re-establishing daily in-person Convocations, re-igniting school spirit in the student sections at games and events, and renewing Holy Family's conviction to serving others both within and beyond our school community.

I am so proud of the legacy our most recent graduates established this year - a legacy upon whose shoulders their younger peers will now stand. The 105 individuals who make up the class of 2022 exemplify loyal friendship, deep compassion, caring concern for others, and an immense appreciation for the gift of their Catholic high school education. They are intellectually gifted, spiritually wise, and ethically driven. They are indeed who and what our world needs, and I look forward to watching them continue to bring the very best of themselves to all that lies ahead of them.

Congratulations, Class of 2022...walk boldly with Christ and trust that you are in our prayers.

Jesus, Mary, and Joseph...pray for them.
St. John Baptist de LaSalle...pray for them.
Live Jesus in their hearts...forever.
So, that in all things...God may be glorified.

A Message from Principal John Dols

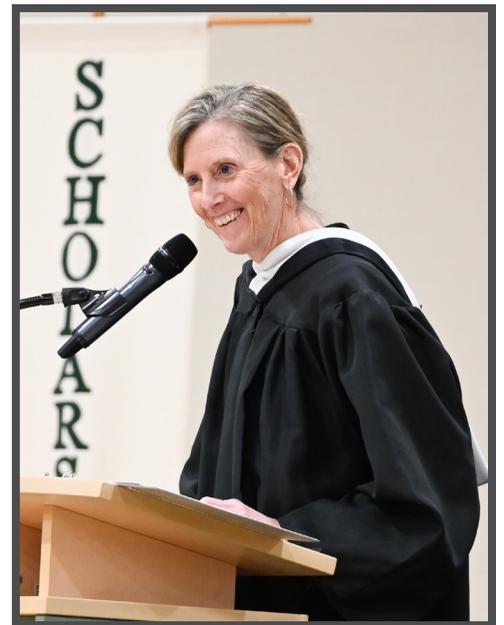


I have the best job in the world! Each day, I am lucky enough to welcome 520 students to our school and next year even more. They may hide behind sipping that morning vanilla oat milk latte or cherry-flavored energy drink, but somewhere deep in their souls, my robust "GOOD MORNING-ING" (I like to enunciate the "ing") down the hallway, let's them know I am so glad they came to school.

It is in those moments I hope our students feel the "Holy presence of God." The moments when they are certain they are cared for and loved beyond measure by each teacher, coach, administrator, counselor...Holy Family employee. When we first make human connections, we then can begin to teach our students Gospel values, algebra, Spanish, chemistry, or whatever their favorites subjects are. The founder of Lasallian Catholic education, St. John Baptist de La Salle, said it well when he wrote, "You can perform miracles by touching the hearts of those entrusted to your care."

Latin and English teacher Ms. Deidre Diggins, the faculty speaker at this year's commencement, exemplifies this phrase. Selected to speak by the senior class during their senior retreat, Ms. Diggins imparted the wisdom her late-mother shared over her lifetime. It became the cornerstone of her message to the Class of 2022. I've paraphrased her address in these three bullet points:

- 1. Think happy thoughts.** The smallest mindset shifts that happy thoughts create always help us to focus on the good and to know even on the hard days, to find some small thing that brings us joy. As you move to the future, remember to focus on the small opportunities for happiness in every day.
- 2. Turn it over.** Real power and peace come from a firm faith. The example of faith by your grandparents, parents and teachers will help you to be present with your relationship with God and lean on that faith as you go through your life. The foundation of faith cultivated during your years here will help you to remember to turn your troubles over to God in times of difficulty.
- 3. Know that you are loved always.** Know that the environments my colleagues and I have created in our classrooms are the result of a deep commitment to unconditional love and support. The community of Holy Family and your families will continue to support and love you as you make your way into the world beyond Holy Family.



MS. DEIRDRE DIGGINS

And so, I join Ms. Diggins in wishing the members of the Holy Family Class of 2022 the very best as they move on from our school. I am so grateful for their presence and leadership as seniors this year. I'm going to miss them. And, when they come back to visit us over fall or Christmas break, I'll certainly greet them just as I did each morning. I will be glad to see them and probably yell at them for interrupting too many classes. It will not matter, because they will know, they are still loved beyond measure.

Mary and Joseph Medals

The Mary and Joseph Medals are awarded to a senior girl and boy who exemplify the identity and values of Holy Family Catholic High School. These individuals demonstrate a strong, mature faith in Christ while actively participating in the life of the Church. They are knowledgeable of the teachings and traditions of the Church, desire to live like Jesus in their love and service to others, and strive to grow spiritually and intellectually.



PEARL PHILLIPS
2022 Mary Medal Recipient

Family: Chan and Linda Phillips, Madison, Laine, Cassie '13, Grace '17 Dominic '19
Extracurricular activities/clubs: Tennis, Pro-life Club, Mock Trial, Theatre
College: University of Minnesota Duluth
Major: Journalism
Parish: St. John the Baptist – Excelsior
Middle School: Holy Family Academy

What role does your faith play in your daily life?

Being a teenager, it can be hard to remember that God is there. I don't always feel the urge to pray, and I can't physically see God. But by being in the HF community, I am always reminded of his presence. The HF community has taught me to surround myself with people who will push me in my faith, and to simply put my trust in God.

How has your faith developed/changed in your years at HFCHS?

Being surrounded by a friend group with different beliefs really challenged me with big questions but ended up helping me become grounded in my own faith. I was encouraged by my religion teachers, especially Fr. G, to explore my faith, and they taught me that it isn't bad to question ideals.

What does it mean to you to lead in a Christian way?

I've never really openly said that I was Catholic, not because I am ashamed, but because I think that people can already kind of tell. The sweetest and best people I've come to know never have to TELL you they are a good person, but they simply ARE a good person. I have taken that mentality, and just do my best to make people feel safe and comfortable.



CHARLES FICEK
2022 Joseph Medal Recipient

Family: Scott and Amanda Ficek, Claire and Katie
Extracurricular activities/clubs: Soccer, Lasallian Youth, Student Ambassador Program, Theater
College: Baylor University
Major: Business and Religion
Parish: Woodridge Church
Middle School: Mound Westonka Middle School

How has your faith developed/changed in your years at HFCHS?

My faith has become something that is my own, and not just something that my parents make me do every week. Jesus went from this thing that I was holding at a distance and looking to a powerful relationship with my creator. I have gotten to share my faith, use it, and test it a lot over the last four years.

What does it mean to you to lead in a Christian way?

Leading in a "Christian" way is not simply something we can see, but something we experience ourselves. We lead people in our communities not by the things that we know or the things we can do, but because we are following Christ, and others are following us. It's about showing people how to follow Jesus, so some day, they can do the same for others.

Describe a time your faith led you to an opportunity for service, leadership, or shaped an experience? There were many instances when my faith led me to places I thought I would never go, but the biggest would have to be on a stage to preach in front of my entire youth group. With the help of my pastor, I have been able to prepare three sermons to give in front of my church community. They taught me the discipline that is needed in being a leader within the community, but also how important it is to stay in the right relationship with God.

Valedictorian Isabel Busch

Family: Laurie Busch

College: University of Thomas

Major: Biochemistry - PreMed Track

Isabel Busch and Makenzie Pavelka excelled academically, but as they prepared their commencement addresses, both recognized that the most important gifts from Holy Family may have come from a sense of belonging and meaningful connections to their school community. We share their wisdom in the following excerpts from their speeches.

Isabel: But what is home? The answer differs for each person. For me, my first home was 9000 miles away in an orphanage in Kazakhstan, where I was born. Later, I was adopted and my new home became the beautiful state of corn: Iowa. Over the years, my family moved around before we ended up here in Minneapolis. At times I wondered where my home really was. After some reflection, I realized it wasn't where I was born, or where I lived physically; it was a state of mind. Home was where my family and friends were, and the special place in my heart for my faith. Home is where you can be whoever you want to be. Home is where you are not judged by the color of your skin. Home is where you find security and comfort, but more importantly, where you find belonging. My first time walking into Holy Family can be represented by lyrics in Taylor Swift's, All Too Well, "I walked in the door with you. The air was cold. But something about it felt like home" I quickly got to know the people here, as well as how cold some of the rooms could get!! Now looking back, I can tell you without a doubt that this place is my home. Our home. God brought us all together for a reason. We are family; not by blood, but by spirit.

Home is the last four years. This is where we began to write our story. Over the years, the plot line changed, sentences were discarded and lines were added. We've discovered the best places to study. We've established our favorite parking spots. And we've located the best water fountain in the entire school- which is obviously the one outside the cafeteria.

And it all started with freshman year with our color coordinated notebooks and folders all perfectly organized in our lockers. We were naive; terrified to break free from our small social circles and utter a quiet "here" for attendance. Both intimidated and inspired by the big kids, we tried new sports and activities to seem more well-rounded. But despite our desire for exploration and success, peer pressure and anxiety slapped us in the face... We feared to say too much or do something embarrassing. We got through the year despite our changing friend groups and challenging classes.

Sophomore year was more hopeful. We came out of our shell because we felt that we were suddenly mature and all grown up from our wee freshman selves. We joined clubs that interested us and made connections with our favorite teachers. Embracing our new freedom with a driver's license, we



paraded through the halls swinging our keys carrying Starbucks coffees at eight in the morning. We charged forward trying to discover our identity, until a global pandemic attacked forcing us to retreat into our bedrooms. We sat behind computer screens and dreamed of normality.

Junior year was a breath of fresh air. As one of the only schools in-person all year in the metro area, we enjoyed each other's company and welcoming smiles- I mean- welcoming eyes. We learned how to be patient during 90 minute long class periods and how to wait your turn when the lunch line seemed like it was halfway around the building. We attended sporting events, 6 feet apart, and adjusted to the new normal.

Senior year was a year of enormous growth where we bonded with our class. From senior sunrise to in-person convocation to bring anything but a backpack day, we learned that a recycling bin can hold more than just trash. At the senior retreat, we learned from one another and left our metaphorical baggage behind. We created memories to last a lifetime.

"Home is where you find security and comfort, but more importantly, where you find belonging."

Home is the present moment. We are surrounded by our biggest supporters: classmates, friends, teachers, parents, and extended family members. There is value in this exact moment. Some of you may be anxiously awaiting the end of this speech or end of the ceremony, thinking that today is just an ordinary day. But in less than an hour, we will walk out these doors for the final time and go out to our cars and part ways. We will hang up our cap and gowns, toss our diploma

on a dusty shelf, and throw all our papers into the trash. But that isn't the end of our story. We may be leaving the physical home of Holy Family but home is more than just a place. It extends beyond the walls and as we leave, we will carry it with us. The memories. The relationships. The connections. The lessons learned. We will still be crucial members in this Holy Family community and learn with each other, even as we leave 8101 Kochia Lane. Although we may lose physical tokens of Holy Family, we will never lose Holy Family as a part of our identity. The home of the Fire will become the home of tomorrow's doctors, entrepreneurs, teachers, musicians, engineers, and so on. We will apply our high school knowledge and experiences to become a greater version of ourselves.



“Remembering that God is with you will help and inspire you in all that you do.”

—ST. JOHN BAPTIST de LASALLE

Salutatorian Makenzie Pavelka

Family: Tony and Ahn-Tu Pavelka
Hailey '22, Mimi '22

College: College of St. Benedict

Major: Biology - Pre-Physician's Assistant Track

Makenzie: Reading, for me, has been a way to learn about things outside of my own experiences and also to connect more deeply with memories I've had. One of my favorite authors is Frederick Backman. He writes stories that may seem superficial, but the way he develops the characters, plot, and storyline helps me look at things in my everyday life, finding a deeper meaning behind them. In his book, *Beartown*, by far my favorite of his novels, he writes about snow, something we all know too well about in Minnesota. While the quote, at first read, is about clearing snow, it gave me a new perspective that I would like to share with you today. He writes, “Straight lines, even edges. People don't shovel snow that way anymore. Nowadays they just clear a way, they use snow blowers and all sorts of things. Any old method will do, scattering snow all over the place. As if that were the only thing that mattered in life: pushing one's way forward.”

Now, those of you who know me well know that I definitely live a straight line, even-edged life. I like rules. I like things to be in order. I like knowing what's happening and what's coming next, and I straight up just don't do well with change. My whole family, for the most part, is the same. We make a perfect pentagon. We are a shovel-the snow with precision family, not only metaphorically but also literally. Just ask my dad how he clears the driveway after a good-old Minnesota snow storm.

But not everyone I know lives life the same way I do. Some of my closest friends are most definitely all about scattering the snow. They don't let rules hold them back. They aren't bothered by messy things. They go with the flow. They are carefree but also happy and full of joy.

So, now I bet you are thinking to yourselves, which category do I fit into? Am I a straight-line person or a scatter the snow person?

Well, the truth is, the end result is the same. You can get all the snow cleared away, but it's not about the perfectly cleared driveway, it's about how you get to that point. It's about having snowball fights, taking hot chocolate breaks, making snow people and snow angels, and creating

memories along the way. Life shouldn't always be about moving from one goal to another. It should be about the connections you create, the disappointments you have, the achievements you make, and the successes and failures you experience along the way.

Over my four years at Holy Family, and especially in these past few weeks, I have learned that while straight lines and even edges do work for me, sometimes they don't end with the perfectly cleared driveway I envisioned. While focusing on pushing forward and getting senior year done and over with, I realized that I was just clearing the snow with straight lines. I needed to stop and learn from my friends around me, who taught me that it's okay to scatter the snow every once and awhile. So, I almost missed out on

savoring the important lasts. Like the last day I'd ever go to the same school as my sisters. Or the last few weeks before my much loved Spanish sister goes home, taking a piece of my heart with her. Because no matter how nervous and scared and excited I am for the next steps in my life, I didn't - and don't - want to miss out on these last experiences we will share.

And we have experienced a lot together, like playing get-to-know-you bingo in IS, making up skits at our sophomore retreat, learning how to communicate in class with masks on last year, and memories from this year like meeting early in the morning for senior sunrise, feeling school spirit when our soccer team played at the Bank, and bonding at our senior retreat. While I was present at all of these, I now look back and realize that I approached them with straight lines and even edges, even though there were times I should have scattered the snow. It's taken almost four years for my perspective to change, but I know that in the future, I won't only think about pushing my way forward, I will know that what matters most are the connections I create while I'm making my way.

So, to all you straight line, even-edges people - I see you! And to all those who prefer to scatter the snow - I know you! Remember this: it's not about the clean driveway; it's about the snowball fights along the way.

“.. I will know that what matters most are the connections I create while I'm making my way.”

Class of 2022

Holy Family's 20th graduating class joins an alumni network of more than 2,000 alumni. They will head to more than 50 different colleges and universities, pre-college athletic teams, gap years, and workforce opportunities. Together, the class earned more than \$11,000,000 in college scholarships and accepted more than \$3.35 million. We are incredibly proud to call each one of these 105 graduates forever part of the Family.



Sydney Ames
Saint Mary's University of Minnesota
Business and Early Childhood Education



Julia Anderson
* *Summa Cum Laude*
University of Colorado Boulder
Environmental Design Program



Katherine Anseth
* *Magna Cum Laude*
University of Iowa
Business



Jack Barth
* *Magna Cum Laude*
University of Mississippi
Public Policy Leadership/Pre-law Track



Brooke Batker
Florida Atlantic University
Undecided



Alexander Beer
◆◆◆ *Summa Cum Laude*
National Merit Commended Student
University of Wisconsin-Madison
Biochemistry



Nicholas Blood
Magna Cum Laude
Austin Bruins NAHL



Kahlley Bosch
Magna Cum Laude
Anoka Technical College
Paramedics



Nicole Bowlin
Cum Laude
Colorado Christian University
Business - Basketball



Samuel Breimhorst
Century College
Video Production



Isabel Busch
* *Summa Cum Laude*
University of St. Thomas
Biochemistry (Pre -med)



Hanna Bush
* *Magna Cum Laude*
College of St. Benedict
Biology

CLASS OF 2022



Jacob Cameron
Magna Cum Laude
NAHL Fairbanks Ice Dogs



Briar Charchenko
Adrian College
Exercise Science



Nicholas Charpentier
University of Wisconsin-Eau Claire
Business



Alex Cherry
* Magna Cum Laude
Gustavus Adolphus College
Business Management



Matthew Chromy
University of Mary
Biology/Criminal Justice



Reagan Cizek *
Grand Canyon University
Nursing



Austin Clifford
* Magna Cum Laude
University of North Dakota
Professional Sales/Finance



Ethan Conti
Cum Laude
Pennsylvania State University
Health Policy and Administration



Gaby Corona
Aveda Institute-Minneapolis
Esthology



Ryley Covington
* Summa Cum Laude
Drake University
Biochemistry Minor: Spanish



Caroline Cronin
* Magna Cum Laude
University of Georgia
Criminal Justice and Pre-Law



Joseph Dahlin
John Carroll University
Undecided



Edward Diminnie
* ♦♦ Summa Cum Laude
University of Wisconsin-Madison
Actuarial Science



Dylan Ehlers
Cum Laude
Gustavus Adolphus College
Physical Education (Pre-med)



Juliana Escalante-Contreras
St. Mary's University
Psychology



Isaac Fassil
Summa Cum Laude
University of Minnesota-Twin Cities
Undecided

CLASS OF 2022



Ryder Ferguson
Montana State University
Business and Marketing



Charles Ficek
* *Magna Cum Laude*
Baylor University
Business and Religion, ROTC



Mary Furlong
University of Wisconsin-Eau Claire
Undecided



Luke Geadelmann
Magna Cum Laude
University of Iowa
Film with Business Minor



Nicholas Gess
Minnesota State University-Mankato
Business Analytics



Mario Gomez
Cum Laude
University of St Thomas
Undecided



Claire Haley
* *Magna Cum Laude*
University of Nebraska-Lincoln
Psychology and Marketing



Grant Hayes
* *Cum Laude*
Iowa State University
Agriculture Business



Sophia Heles
* *Summa Cum Laude*
College of Saint Benedict
Biochemistry on a pre-med track
Minor: Music and Japanese



Lucy Hertel
* *Summa Cum Laude*
Creighton University
Exercise Science and Pre-Physical Therapy



Aaron Hesse
University of Missouri-Columbia
Constitutional Democracy and Pre-Law
ROTC



Bjorn Holm
University of South Dakota
Business



Tatum Hussey
Florida Southern College
Social Sciences



Madison Kaiser
University of Minnesota-Twin Cities
Fashion Design and Marketing - Hockey



Elizabeth Kamp
Saint Michael's College
Biology - Hockey



Maeve Kelly
* *Summa Cum Laude*
Boston University
Biology (Pre-med) - Hockey

CLASS OF 2022



Riley Knapp
Cum Laude
Marist College
Fashion Merchandising



Nicholas Kotval
Undecided



Ella Kunze
* *Summa Cum Laude*
Montana State University
Undecided



Judah Land
Mississippi College
Marketing - Basketball



Natalie Larson
* *Summa Cum Laude*
University of South Florida-Main Campus
Public Relations & Advertising (Pre-Law)



Ethan Livermore
University of Wisconsin-Eau Claire
Athletic Training



Marcos Lopez Cubas
International Student
Gustavus Adolphus
Undecided



Zachery Lorusso
University of Minnesota-Twin Cities
Marketing



Sophia Mackey
* ♦ *Summa Cum Laude*
Indiana University-Bloomington
Finance



Sophia Markstrom
Pace University
BFA Acting



Brynn Martin
University of Kansas
Journalism and Mass Communication



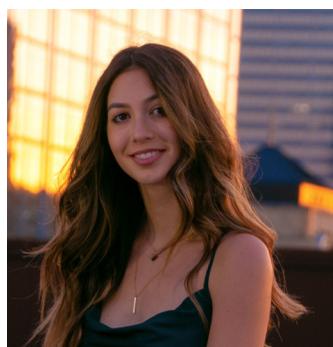
Graham McPhee
Saint John's University
Psychology - Lacrosse



Abraham Melek
Saint John's University
Finance



Shae Messner
* *Magna Cum Laude*
Dartmouth College
Undecided - Hockey



Evelyn Miller
University of Northern Iowa
Graphic Design



Madeline Morgan
Summa Cum Laude
Brown University
Engineering and Physics - Hockey

CLASS OF 2022



MacKenzie Moss
Cum Laude
 Saint Anselm College
 Political Science - Hockey



Ruby Moya
 Bethany Lutheran College
 Business Administration



Thomas Mulheran
 Creighton University
 Business Management



Luke O'Brien
 Creighton University
 Business



Molly O'Connor
 * *Magna Cum Laude*
 Iowa State University
 Elementary Education



Sydney Osterdyk
Summa Cum Laude
 University of Wisconsin-Stout
 Interior Design



Derek Pass
 * *Summa Cum Laude*
 Saint John's University
 Accounting and Finance



Hailey Pavelka
 * *Summa Cum Laude*
 University of Minnesota-Twin Cities
 Biology, Society, and the Environment
 (Pre-Med)



Makenzie Pavelka
 * *Summa Cum Laude*
 National Merit Commended Student
 College of Saint Benedict
 Biology (Pre-Physician Assistant)



Mimi Pavelka
 * *Summa Cum Laude*
 Central College
 Exercise Science - Soccer



Drew Pearson
 Grand Canyon University
 Marketing



Wyatt Persful
 Maine Maritime Academy
 Vessel Operations and Technology



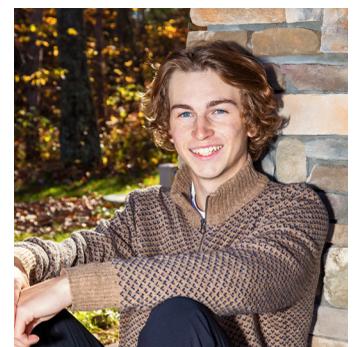
Pearl Phillips
Magna Cum Laude
 University of Minnesota-Duluth
 Journalism



Mark Rahn
Magna Cum Laude
 University of Iowa
 Business



Paula Rica Andres
International Student
Summa Cum Laude



Lucas Rice
 Colorado State University
 Business

CLASS OF 2022



Ellen Ries

* *Summa Cum Laude*
University of St. Thomas
Psychology and Sociology



Jackson Riley

Saint John's University
Business



Leah Rindal

Undecided



Olivia Sadowski

Magna Cum Laude
Florida Gulf Coast University
Nursing



Matthew Santini

* *Summa Cum Laude*
University of Missouri-Columbia
Finance



Kathryn Savoie

Magna Cum Laude
Colorado State University-Fort Collins
Restoration Ecology and Chemistry



Jack Schaefer

Cum Laude
Iowa State University
Business



Joseph Schmidt

Cum Laude
Pennsylvania State University
Main Campus
Mechanical Engineering



Lucas Schoenecker

Summa Cum Laude
University of Missouri-Columbia
Finance and Computer Science



Alex Schrupp

♦ *Summa Cum Laude*
University of Missouri-Columbia
Actuarial Science



Emma Schuele

* *Summa Cum Laude*
College of Saint Benedict
Sociology and Psychology



Allison Schumacher

* *Magna Cum Laude*
Creighton University
Nursing



Sean Silva

Saint Mary's University of Minnesota
Business Intelligence & Analytics



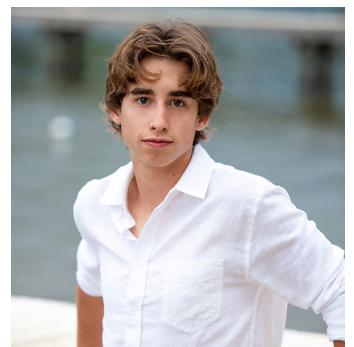
Cole Spoden

University of Wisconsin- La Crosse
Psychology



Laura Theis

Magna Cum Laude
University of Minnesota-Duluth
Theater and Marketing/Graphic Design



Tyler Thode

University of Iowa
Business

CLASS OF 2022



Emmett Thuli
Cum Laude
University of Vermont
Undecided



Rachel Thurk
Summa Cum Laude
Minnesota State University-Mankato
Marketing



Ryan Thurk
Magna Cum Laude
Saint John's University
Business



Joseph Tinucci
** Magna Cum Laude*
University of Arizona
History



Elise Torborg
Magna Cum Laude
University of Iowa
Business Administration



Josue Vivanco
Undecided



Ian Wagner
Iowa Central Community College
Business - Rugby



Cela Watkins
** Summa Cum Laude*
University of Mary
Communication Sciences and Disorders



Matthew Wideman
Marquette University
Undecided



Marcus Wieneke
University of Kansas
Accounting



Kayla Woytcke
** Cum Laude*
University of Wisconsin-Eau Claire
Nursing - Hockey



Mariana Yanta
Cum Laude
Winona State University
Undecided



Emily Zhou
University of Massachusetts-Amherst
English and Psychology
Minor: Political Science

"For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future."

Jeremiah 29:11

Ambassador of Christ Award

The Ambassador of Christ Award is given to the senior(s) who leads others with a strong code of ethics consistent with the teachings of Christ. Recipients are nominated by their classmates at their senior retreat and those nominations are then voted on by faculty and staff.



CELA WATKINS

2022 Ambassador of Christ Award Recipient

Family: Danielle and Eric Watkins, Julian and Kyle Corone

Extracurricular activities/clubs: Trap Shooting, Theater, Liturgical Choir, Girl Scouts, and Daughters of Isabella.

College: University of Mary

Major: Communication Sciences and Disorders

Parish: Guardian Angels Catholic Church

Middle School: Guardian Angels Catholic School

How has your faith grown or changed over the last four years?

Holy Family has helped me nurture my personal faith through theology classes that helped me define the strong morals and values I live by. Holy Family taught me how to be a leader, and how to lead with the love and light of Christ.

What role does your faith play in your daily life?

My faith acts as an anchor in my daily life. It helps me feel connected to my family, friends, and community. My faith helps me overcome stress and work through hard times.

What does it mean to you to lead in a Christian way?

To me, leading in a Christian way means acting with the compassion and the love of Christ. It means speaking against injustice and speaking for those without a voice. A true leader embodies God's love for all his people.

How do you plan to continue to lead in faith at college?

I will continue to lead in faith through my church community on campus. I hope to join faith-based groups where I can connect with other students.



DEREK PASS

2022 Ambassador of Christ Award Recipient

Family: Tim and Valerie Pass, Ryan '18, Ashley '19, Jessica '25

Extracurricular activities/clubs: Honors Society, Soccer, Track & Field, Photography, President's Volunteer Service Award

College: Saint John's University

Major: Accounting

Parish/Church: St. Hubert Catholic Community

Middle School: St. Hubert Catholic School

How has your faith grown or changed over the last four years?

Throughout my time at Holy Family the various theology classes that I have taken, along with the many experiences I have had, provided the opportunity to grow more into a servant leader. Planning retreats in Campus Ministry and attending the Archdiocesan Youth Day with Lasallian Youth are among my favorite memories.

What role does your faith play in your daily life?

Faith plays a role in my daily life through my daily prayer habits. I have built and maintained these habits as a result of what I learned at Holy Family.

What does it mean to you to lead in a Christian way?

To me, leading in a Christian way means leading the way that Jesus would lead, and the way He taught us to lead. However, adapting his leadership ways so that they align with what is current and applicable to today's world.

Describe a time your faith led you to an opportunity for service, leadership, or shaped an experience? Through being an active and reliable volunteer in my parish, I was asked to be the main person in charge of live streaming masses for our parish. I continue to do this today, and I am honored that I was chosen for such an important role.

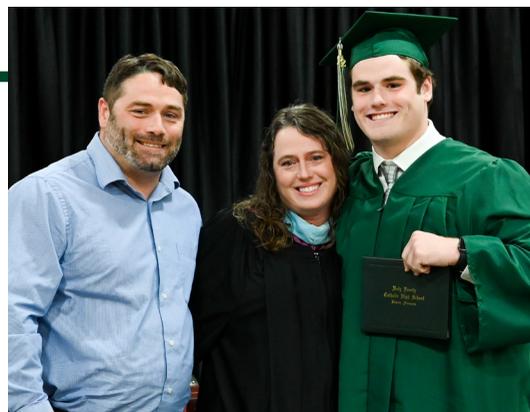
**CLASS OF 2022
BACCALAUREATE MASS AND
COMMENCEMENT CEREMONY**

SUNDAY, MAY 22, 2022





Education C



Photos by Jackson Baker '24, Ally Wamhoff '24, and Brendan Meier

2022 ACADEMIC HONORS

Holy Family awards academic honors for 3.5 GPA or higher for one semester (certificate), three semesters (letter), five semesters (pin), and seven semesters (cords). These students were honored as part of the 2022 Academic Honors Day along with students who received department-specific awards.

CERTIFICATES

Matilda Abercrombie	William Dunlap	Emma James	Ryan McPartland	Lucas Rice	Greta Tupa Clark
Mai Agirre San Martin	Beatriz Fahandezh	Sophia Jesse	Abraham Melek	Michael Richardson	Matilyn Vollmer
Andrew Athmann	Saddi Cantero	Paige Johander	James Mellen	Simone Roman Vega	Lily Wallace
Ben Barth	Audrey Fahey	Rose Johnston	Keira Mertz	Kathryn Rothstein	Lauren Westerhaus
Brooke Batker	Caden Farmer	Luke Kans	Chase Messner	William Sandefur	Tommy Westerhaus
Zach Beach	Yewbdar Fassil	Sydney Keen	Jillian Mlodozyniec	Meg Santini	Matthew Wideman
Tali Bellefy	Emily Fenger	Adam Kimbrel	Brady Nelson	Tayah Schmidt	Marcus Wieneke
Nicolas Briden	Eli Foudray	Judith Kohrman	LuLu Numelin	Tyler Schmit	Bryce Wiitala
Lucy Carraux	Charlie Garlets	Brady Krautkramer	Olivia O'Brien	Samantha Schumacher	Jack Willenbring
Nick Charpentier	Maren Grussing	Alexa Krienke	Philip Olson	Ava Shirley	Lucy Witcombe
Reagan Cizek	Hayden Guggemos	Eddy Linn	Noah Pabich	Drew Silverman	Kalah Worm
Jacob Clifford	James Guillemette	Meredith Linsley	Jessica Pass	Macey Smith	Evan Woytcke
Casey Cronin	Grace Guyer	Henry Lisko	Isabelle Paulson	Rosalyn Smyth	Nick Young
Lydia Dauwalter	Nate Hamilton	Ana Lopez Polls	Abigail Road Pawelek	Brady Sorrentino	Desray Anne Zamora
Brianna DeLorenzo	Hannah Henderson	Zachery Lorusso	Ariana Radel	Rachel Spoden	
Allison Diminnie	Marcella Hoffman	Chrissie Maher	Alexandra Raw	Sophia Terris	
Dominic Donato	David Hovey	Tyler Manning	Paula Rica Andres	Ella Tracy	
Rachel Dorr	Katie Jacobs	Tony Marschall	Addison Rice	Henry Trcka	

LETTERS

LETTERS	Jack Donovan	Angelina Huynh	Syd McGuirk	Eli Pitner	Charlie Smith
Bobby Alexander	Maggie Dowling	Quinn Johander	Benjamin Mechtel	Thomas Red Wing	Dylan Spalding
Ella Augustyn	Catherine Dueck	Phoebe Johnson	Eli Moe	Abigail Ries	James Super
Emma Augustyn	Jack Egenes	Gabby Kapke	Kenzie Moss	Julia Riley	Trevor Thode
Maggie Babler	Dylan Ehlers	Alex Ketchem	Sofia Neve	Drew Roelofs	Tyler Thode
Kamea Bale	Daniel Fahey	Matthew King	Griffin Newman	Nicole Roper	Sam Treat
Leah Beach	Jossy Fette	Andrew Klawitter	Hannah Newman	Nadia Rustowicz	William Warren
Nicole Bowlin	Vivian French	Taylor Koeppel	Malick Ngwana	Caroline Schaefer	Lauren Weigel
Kate Buchholz	Karli Gagnon	Jocelyn Land	Gabriela Oconitillo	Lily Schaffer	Rubie Wicka
Jacob Burlage	Ella Galvin	Judah Land	Kiki Olsen	Sophia Schlegel	Ethan Williams
Briar Charchenko	Mario Gomez	Sam Luessi	Nick Osgood	Kiera Schmeling	Ava Wilson
Erik Charchenko	Bree Hallson	Jack Lund	Olivia Paidosh	Joe Schmidt	Chloe Wright
Joe Charpentier	Kam Hendrickson	Tamara Mackey	Kristian Palattao	Zoe Schuele	Sophie Zay
Braylon Cummings	Mick Herron	Sophia Markstrom	Logan Paulsen	Amanda Seck	Benedict Zweber
	Ava Hopper	Brynn Martin	Chloe Perrin-Smith	Caitlin Sieve	

PINS

Katie Anseth	Josephine Elsner	Madelyn Helmstetter	Jack Lisko	Mark Rahn	Melanie Stewart-Hester
Jack Bauer	Becca Ernst	Sydney Hickey	Callie Lizak	Michael Richelsen	Ben Strezo
Anton Bernaski	Kael Foudray	Abbey Hope	Joey Maher	Jodie Rief	Emmett Thuli
Sophia Boockmeier	Courtney French	Dayrin Jimenez	Sean McGaughey	Shannon Rothstein	Justina Valentini
Elijah Bresnan	Michael Frost	Boden Kapke	Lauren Mendoza	Bennett Russo	Izzy Van Eyll
Ellie Bush	Benjamin Gallus	Riley Knapp	Ava Mettler	Luke Sabart	Madeleine Wiitala
Sarah Chromy	Zoe Griffin	Ella Knewtonson	Emma Murphy	Jack Schaefer	Lorelei Wilson
Austin Clifford	Olivia Guyer	Alison Kunkel	Anika Olson	Kellen Sieve	Libby Witcombe
Caroline Cronin	Sophia Hall	Natalie Larson	Isabella Paidosh	Nicholas Stallock	Kayla Woytcke
Christopher Deavan	Grant Hayes	Kori Lenzmeier	Kieran Paidosh	Janielle Stanoch	

CORDS

Julia Anderson	Ryley Covington	Lucy Hertel	Sydney Osterdyk	Olivia Sadowski	Rachel Thurk
Jack Barth	Eddie Diminnie	Maeve Kelly	Derek Pass	Matt Santini	Ryan Thurk
Alexander Beer	Isaac Fassil	Ella Kunze	Hailey Pavelka	Katie Savoie	Joseph Tinucci
Isabel Busch	Charlie Ficek	Sophia Mackey	Makenzie Pavelka	Lucas Schoenecker	Elise Torborg
Hanna Bush	Luke Geadelmann	Shae Messner	Mimi Pavelka	Alexander Schrupp	Cela Watkins
Jake Cameron	Claire Haley	Madeline Morgan	Pearl Phillips	Allison Schumacher	
Alex Cherry	Sophia Heles	Molly O'Connor	Ellen Ries	Laura Theis	

2022 DEPARTMENT AWARDS

Department awards recognize outstanding dedication to a subject matter as well as strong class participation. Students receiving these awards may stand out to their teachers with thoughtful responses in homework, classroom discussions, projects as well as a desire to dive deeply into course content.

Jack Barth	Math- Outstanding Statistician	Graham McPhee	P.E. Male Performer of the Year
Alexander Beer	Science	Elijah Moe	Math Exponential Award, Math League Letter
Hanna Bush	Science	George Moran	Math -Exponential Award
Isabel Busch	Music, Math - Outstanding Mathematician Math League Letter, Science	Madeline Morgan	Science
Austin Clifford	P.E. Male Performer of the Year	MacKenzie Moss	Theology - Faith Seeking Understanding
Briar Charchenko	Science	Emma Murphy	Math League Letter
Sarah Chromy	Theology - Faith Seeking Understanding	Gabriela Oconitrillo	Visual Arts - Positivity/Overcoming Obstacles
Ryley Covington	World Language-Spanish & Science	Molly O'Connor	Science
Liam Crowley	Math Exponential Award	Derek Pass	Science
Lydia Dauwalter	Math-Outstanding Mathematician	Jessica Pass	Theology - Faith Seeking Understanding
Edward Diminnie	Science, English- AP Literature, Math League Letter	Hailey Pavelka	Latin, Science, Math League Letter English - Outstanding English Award
Dylan Ehlers	P.E. Male Performer of the Year, English - Spirit of English Award	Abigail Puklich	Social Studies
Audrey Fahey	Theology - Faith Seeking Understanding	Thomas Red Wing	P.E. Male Performer of the Year
Daniel Fahey	Social Studies - Economic	Elizabeth Ricke	Social Studies - AP US History
Isaac Fassil	Science	Ellen Ries	English - AP Literature
Charles Ficek	World Language-Spanish, Social Studies-Psychology	Michael Richelsen	Math League Letter
Elias Foudray	Math League Letter	William Sandefur	Math -Exponential Award
Karli Gagnon	P.E. Female Performer of the Year	Kathryn Savoie	World Language-Spanish, Science
Benjamin Gallus	Theology- Faith Seeking Understanding	Lucas Schoenecker	World Language-Spanish, Science, Math League Letter
Michael Garlets	Technology - Programmers Award	Emma Schuele	World Language-Spanish
Luke Geadelmann	Theology - Campus Ministry's Faith in Action	Alexander Schrupp	Science, Math League Letter
Nicholas Gess	Science	Allison Schumacher	Science
James Guillemette	Social Studies - World History	Macey Smith	P.E. Female Performer of the Year
Nathan Hamilton	Math - Outstanding Mathematician, Math League Letter	Sophia Smith	Math -Exponential Award
Grant Hayes	Science	Cole Spoden	Social Studies - AP US History
Kambryn Hendrickson	Math - Outstanding Mathematician	Rachel Spoden	Visual Arts - Newcomer of the Year
Lucy Hertel	English - Outstanding English Award	Nicholas Stallock	Technology - Programmer Award
Aaron Hesse	Theology - Faith Seeking Understanding	Janielle Stanoch	Social Studies - U.S. History
Dayrin Jimenez	Math -Exponential Award	Ryan Thurk	English - Spirit of English Award
Maeve Kelly	World Language-Spanish	Elise Torborg	Math - Outstanding Mathematician English - Outstanding English Award
Matthew King	Math - Outstanding Mathematician	Justina Valentini	Math - Outstanding Mathematician
Jackson Klamm	Technology - Engineering Graphic Design	Isabel Van Eyll	Math League Letter
Kori Lenzmeier	Social Studies - AP US History	Ruby Moya Velazquez	World Language-Spanish
Andrew Klawitter	Math League Letter	Ian Wagner	Science
Ethan Livermore	Social Studies - Psychology	Cela Watkins	Italian, Ambassador of Christ Award
Jackson Lund	Math - Outstanding Mathematician	Thomas Westerhaus	Social Studies - Government, Theology - Faith Seeking Understanding
Sophia Mackey	World Language-Italian, Science Campus Ministry's Faith in Action	Marcus Wieneke	Technology - Manufacturing and Innovation
Evan Marsh	Math -Exponential Award	Ava Wilson	Math Exponential Award, Theology - Faith Seeking Understanding
Johanna McKenna	Math -Exponential Award		

“We gather today to lift and celebrate the achievements of one and other in the areas of academics, the cornerstone of the educational experience and supported by the foundation of our Catholic faith. Today, we highlight, recognize, and honor the hard work of those students who excel in the playing fields of our classrooms. It is an opportunity to celebrate the academic achievements that are measured in GPAs, Advanced Placement and ACT scores, but it is also a time we recognize the effort, personal growth maturity attitude, grit, resilience, and commitment to one’s continuous improvement. These qualities are not necessarily captured in grades and test scores but witnessed daily by our teachers.”—*President Michael Brennan, 2022 Academic Honors Ceremony*

Packing Their Skates for College

THE 2021-22 GIRLS HOCKEY TEAM HAD 13 COLLEGE COMMITS ON THE ROSTER

Holy Family Catholic and Minnetonka athletes huddled around the benches. Randy Koepl spoke to the Fire girls hockey team on the south bench; a group that came from multiple cities and multiple associations, but for some, had been teammates for four or five years.

The game tied at two, overtime needed, the next goal was everything.

From the start of the 2021-22 hockey season, it was destiny that Holy Family Catholic and Minnetonka would meet in a rematch in the Section 2AA championship. A game won by the Skippers in a shortened 2021 season.

With seats hard to come by at Braemar Arena in Edina, this was the moment the Fire had worked for. A chance to make history, trying to become the school's first state hockey qualifier.

"It was something special. If you looked at our student section, I bet most of the school was there. For me, being there with our senior class, it was motivating to do everything with them. We knew it could be the last dance for them. We wanted to do it for the seniors. We all learned so much from them. All eight of them brought something to the team in their own unique ways," said Sedona Blair, a class of 2023 goaltender.

But to know the moment, you must go back to the beginning.

Rising Up

Randy Koepl was hired in 2017 after more than a decade of boys head hockey coaching duties at Holy Angels and Hopkins. But it was through the OS Selects summer training program that Koepl was introduced to many of his future Fire hockey players.

"I came in (to Holy Family) as a seventh grader. The culture was a lot different than anything I had ever experienced. When Randy came in, he said we're going to have a winning culture. I had played for him since I was eight years old. I'm very good friends with his daughter (Taylor). I was going to go where he was," Blair said.



With more than half of its girls hockey roster in eighth or ninth grade, Holy Family Catholic expected to take its lumps in the 2018-19 season—the first as the Fire after many years in a co-op with Waconia as the Wildfire.

Holy Family Catholic won 16 games that first season.

"Coming in freshman year, my first year in the high school league, it was a unique experience. We were all in the driver's seat. We were a young team and a lot of us were playing large roles on the ice. I grew up in the Edina association, but in Holy Family, I wanted to be a part of starting a program. Being a part of that rise," said Maddie Morgan, two-year captain, a graduate of Holy Family Catholic High School in 2022.



A year later, that number increased to 21 wins including victories over Class AA powers Blake School and Hill-Murray in the Herb Brooks Holiday Classic over a span of 24 hours. The Fire won the Wright County Conference title and advanced to the Section 2AA semifinals.

That was only the beginning for a team that had gelled and now we're truly a family.

"When you're younger, you think you know everything, and those first few high school practices happen and it's a lot different than U15 or U12. As we grew up, matured, it was less of a new thing. Every year we progressed to another game in the playoffs. Got another round farther. We took it up another notch," Morgan said.

Holy Family Catholic posted a record of 21-0-1 in conference play over the last three seasons: Wright County Conference champions in each. That next step in the postseason came in a shortened 2020-21 year, a runner-up finish to Minnetonka in Section 2AA.

But the 2022 championship was the moment everyone looked to. Rallying from a pair of one-goal deficits, Holy Family Catholic forced overtime with the defending section champion Skippers. Minnetonka, though, scored at the 7:23 of extra time, a power-play goal, to end the hopes of the Fire at state in St. Paul.

"What I enjoyed was everyone is there for a reason. We had a goal of getting to state and I really feel like we put everything forward. Everyone gels really well. Randy says everyone on our team are genuine, good people. You want them on your team, in the room with you. There's a winning culture, but it's more than that," Morgan said.

Next Level

All eight seniors from the Class of 2022 will continue playing hockey in college. Maddie Kaiser, among the state's top players, is headed to the University of Minnesota. Maeve Kelly (Boston University), Shae Messner (Dartmouth College), Maddie Morgan (Brown University), Mackenzie Moss (Saint Anselm College), and Libby Kamp (St. Michael's College) will play Division I hockey out East. Kayla Woyctke (Wisconsin-Eau Claire) and Briar Charchenko (Adrian) will play locally in Division III.

Kaiser was the only one of the eight seniors to commit to a collegiate program before joining the Holy Family hockey program.



SEDONA BLAIR '23 AND MADDIE KAISER '22 COMPETED IN THE 2022 ICE HOCKEY U18 WOMEN'S WORLD CHAMPIONSHIP IN WISCONSIN IN JUNE.

Five Class of 2023 players have also committed to Division I programs – Blair (University of New Hampshire), Olivia Paidosh (Dartmouth), Maddy Helmstetter (St. Thomas), Taylor Koepl (Saint Anselm), and Ella Knewton (Long Island University). Coach Koepl expects that number will jump to seven with Grayson Limke and Justina Valentini working on making their college decisions.

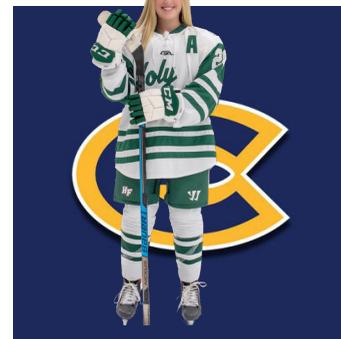
"To have 13 college commmits on one team is pretty amazing. Randy does a great job helping reach out to college coaches. He put us on the map," Morgan said.

Morgan called the opportunity to receive an Ivy League education, while playing hockey, a decision that is "unmatched."

"Our parents pay all this money for hockey camps, for us to play sports, so it feels good that I used all of it to propel me as a person; to propel my education. I learned so many lessons in life through hockey. It was an opportunity I couldn't say no to," Morgan said about Brown.

Sedona Blair, of Eden Prairie fell in love with University of New Hampshire much like she did with Holy Family. "The second I went out there, I knew it was the place for me. I just had this special connection with the coaches. Meeting the girls was great. I love the culture. I'm going to get a great education and they have a lot of things I'm interested in majoring in, so it felt right," Blair said.

Morgan, reflecting on her time at Holy Family, called it "an amazing time." Hockey, friendship, education, and life. That's a winning culture.



Article written by Eric Kraushar

The Perfect Exclamation Point

MAY TERM ELECTIVES CREATE AN EXCITING BUZZ AROUND LEARNING IN THE FINAL DAYS OF THE YEAR

May Term, a two-week elective intensive curriculum, allows students the opportunity to select from more than 40 options in career exploration, practical life skills, health and wellness, and deep dives into subject areas of interest in science, social studies, faith, business, and more. May Term aligns the school calendar with semester finals before Christmas Break and during AP testing in the spring. Most importantly, it ignites an excitement around learning in the final days of May—the perfect exclamation point at the end of the school year.

You can learn more about our May Term program at hfchs.org/curriculum/education.





3



4



2



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6



8

1. Students in Ms. Navarrate's course, Beyond the OR, practiced suturing wounds using a silicone suture pad. This class provided an introduction to medicine through learning medical terminology, developing an understanding of reading basic human stats, understanding the chemistry and biology of common drugs, and practicing important doctor patient etiquette.

2. Mr. Sanislo's Structural Engineering course introduced students to the engineering design process. Students created prototypes, solve problems together and learn more about what engineers do.

3. Student's in Mrs. Bosch and Mrs. Swanson's card making course created hand-stamped greeting cards for every season and occasion. After learning a variety of card making technique, students created original designs.

4. Students in Mr. Meier and Mrs. Podergois' Digital Media course learned the principles of developing a brand identity, identifying a target audience, writing to capture attention, principles of photography and videography, and marketing strategies. As a final project, they worked in small groups applying these concepts to a business or product of their choice.

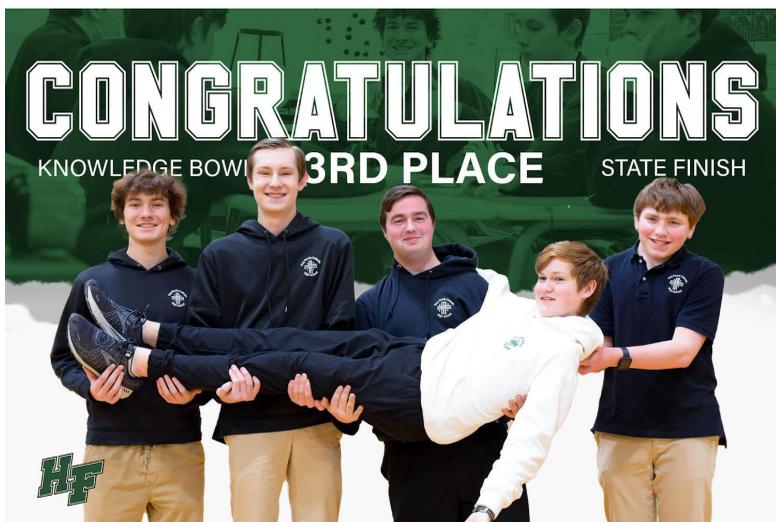
5. Mr. Dueck's Italian Cooking class whipped up some incredible Italian dishes while learning the fundamental skills of meal planning and cooking techniques.

6. Students in Ms. Kahle's hands-on Self Defense course learned the skills of using their voices, minds, and bodies for protection certified self defense instructors demonstrated techniques for defending oneself in case of a physical attack

7. Students in Mrs. Kocon and Mrs. Kahle's World of a Woman course gained the confidence and knowledge to be a healthy and independent individuals through practical life skills, maintaining a healthy and consistent wellness program and self-defense techniques.

8. Mr. Theobald invited experienced professionals in leadership roles to speak to his Leadership in Action class. Speakers included HFCHS alumni and EOS Implementer® Melanie Towey '08, the mayor of Victoria Debra McMillan, and Holy Family parent Navy CDR John Stanoch, a training officer in the Naval Reserve.

FIRE AT SPRING STATE COMPETITIONS



L TO R: MATT SANTINI, LUCAS SCHOENECKER, NICK GESS, ANDREW KLAWITTER, SAM TREAT IN FRONT.

Holy Family Knowledge Bowl Team finished third in the state, the highest finish in school history. After a tough start to the meet, the team came back to earn a season-high 21 points in the third oral answer round and closed the gap to finish with a final score of 109.5 points.

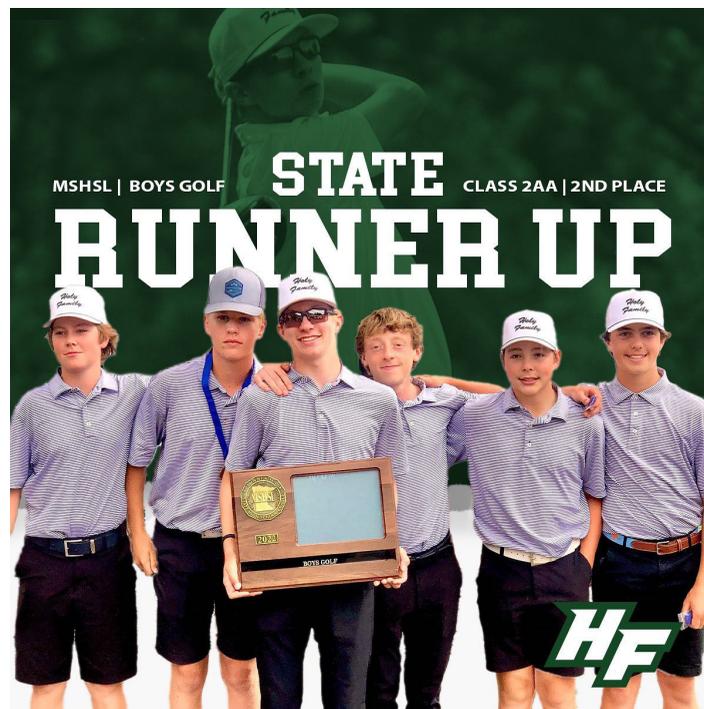


Holy Family long jumper Eddie Diminnie represented Fire Track and Field at the 2022 Class AA State Track and Field Meet and earned a spot in the Long Jump Final 16.



MICHAEL FROST

Holy Family boys single tennis player Michael Frost competed in the Class AA Boys Individual Tennis Tournament and placed in the top-eight. Michael earned the trip to the state tournament by placing second at the section tournament. Holy family boys tennis teammate Jack Schaeffer placed fourth at the section match.



Holy Family Boys Golf placed second in the 2022 MSHSL Class AA State Golf Tournament at Ridges of Sand Creek Golf Course in Jordan. The team shot the best second day score at 294, 13 strokes lower than the next best team score. The team clinched the WCCE conference title in May.

See more picture highlights of activities and athletics on our public Instagram and Facebook pages.



Holy Family Lasallian Educator of the Year

ENGLISH TEACHER MR. LUKE OLLEY IS THIS YEAR'S EDUCATOR OF THE YEAR

Holy Family 2022 Lasallian Educator of the Year Luke Olley grew up in a family of educators. His late grandmother was an elementary school teacher. His father, Christopher Olley taught social studies and is currently the headmaster at Chesterton Academy. Luke teaches English and his sister teaches math.

Luke joined the Holy Family teaching staff in 2019 after completing his Bachelor of Arts in English education at St. John's University. He is currently completing a Master of Arts in Education from St. Catherine's University. In addition, Luke served as a volunteer teacher in Bogota, Colombia as a member of the Benedictine Volunteer Corps.

Luke met his fiance Maddie when they were both English majors in college. Following their wedding this summer, they will be relocating to Syracuse, NY, where Maddie will complete a doctorate in English.

We caught up with Luke to learn more about his Holy Family experience and the teaching philosophy that inspired our students and teachers to select him as the 2022 St. John Baptist de La Salle Educator of the Year.

What brought you to Holy Family?

I am a lifelong student of Catholic education, and I was really drawn to the idea of teaching at a Catholic school. The opportunity to share my love of reading and my Catholic faith was a huge plus in my career choice. I also was born in the area and had several college classmates that loved their time as students at Holy Family.

How do you approach teaching English?

I would say my approach to teaching English is to find a way for students to engage with complex topics and ideas beyond reading and writing mechanics. The written word is a wonderful medium, but it is a vehicle for students to demonstrate their knowledge and understanding. I try and facilitate discussion and critical thinking more than just grammar or vocabulary.

What do you enjoy most about Holy Family?

The best part about being a teacher at Holy Family is the genuine joy that the faculty and students have for being here. I work with incredible educators who share my passion for our subject matters and the belief in teaching the whole student. And it always brightens my day when students stop by to chat. I don't know if this is replicable at other schools.

St. John Baptist de LaSalle listed 12 Virtues of a Lasallian Educator in his manuscript, "The Conduct of the Christian Schools." Are any of those virtues particularly meaningful to you as an educator?

I am drawn to the virtues of patience and gentleness. As a teacher, it is hard to forget that you are only 44 minutes out of a student's 24 hours. They may be coming in with sadness, happiness, or a chip on their shoulder that you have done nothing to cause, yet it will be your responsibility to engage with them. Similarly, students will not want to come in and ask for help if they think that their teacher is judgmental or irritated with them. I accredit my ability to form and maintain relationships with my students to these two virtues.

What will you miss about Holy Family Catholic High School?

I will miss the daily interactions with my fellow staff members that keep me sane. I also will genuinely feel sad about being robbed of the ability to see my students grow into adults. I have taught the class of 2024 for two years now—I would have liked to see them develop into seniors and leaders and see how they will embark into the world.

Alumni Updates

2011

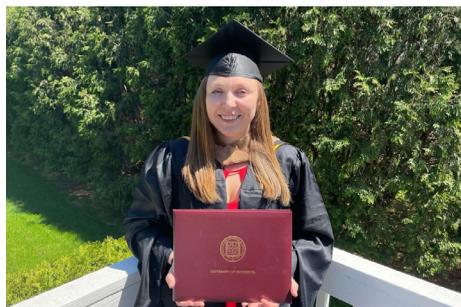
WHITNEY (NELSON) SCHUTT, a former Holy Family dance team captain, was selected as a captain for the Minnesota Vikings Cheerleaders for the 2022 season. Whitney also works for Target Corporation as an associate buyer.



WHITNEY SCHUTT

2012

CAROLINE MORGAN completed her MBA at the University of Minnesota Carlson School of Management. She is a category management specialist for Procter & Gamble.



CAROLINE MORGAN

2013

LAURA MUEHLBAUER is officially Dr. Laura Muehlbauer having successfully defended her dissertation in analytical chemistry at the University of Wisconsin-Madison. Her graduate research focused on applying complex chemical instrumentation to understand how proteins are altered in different disease

2014

SARAH ALMQUIST earned her J.D. with honors from the University of St. Thomas School of Law. She will be clerking at the Minnesota Court of Appeals for Judge Connolly, Judge Bjorkman, and Judge Larkin before continuing on with Bassford Remele.



SARAH ALMQUIST, J.D.

2018

NICK BURKE graduated in May 2022 from the University of St. Thomas with a double major in biology and environmental science. He is currently interning with the Alliance for a Sustainable Amazon in Madre de Dios, Peru.



NICK BURKE

MARK HARAN graduated *magna cum laude* in May 2022 from the Iowa State University's Ivy College of Business with a Bachelor of Science in marketing and a minor in advertising. He is a digital media specialist for Prophase Marketing in Chicago.



MARK HARAN

GRIFFIN JOHNSON graduated *magna cum laude* in May 2022 from the University of St. Thomas Opus College of Business with a Bachelor of Business Arts in finance and financial management services.

CLAIRE REQUET graduated in May 2022 from Butler University with a double major in marketing and entrepreneurship and innovation. She was the president of Butler's chapter of the business fraternity Alpha Kappa Psi and a member of Phi Eta Sigma Honors.



CLAIRE REQUET

2018 (CONTINUED)

BRADY RICHTER graduated in May 2022 from the University of St. Thomas Opus College of Business with a Bachelor of Science in marketing.



AARON TORBORG, GRIFFIN JOHNSON, BRADY RICHTER

CLAIRE ROTHSTEIN graduated *cum laude* in May 2022 with a Bachelor of Science in accounting from Marquette University. She is employed by Deloitte in Chicago.



CLAIRE ROTHSTEIN

AARON TORBORG graduated in May 2022 from the University of St. Thomas College of Business with a degree in marketing management.

CLAIRE ZUPAN graduated in May 2022 with a Bachelor of Science in interior architecture from the University of Wisconsin-Madison. She is employed by Anderson Engineering of MN.



CLAIRE ZUPAN

Alumni News shares career and educational highlights. Updates accepted at communications@hfchs.org and to connect professionally through the Holy Family LinkedIn alumni group and official school page.

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JOHN DOLS | *Principal*

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MARY STEINER
JANE STONE
BILL TRAXLER
FR. BOB WHITE

SCHOOL ADMINISTRATION

MELISSA LIVERMORE | *Assistant Principal for Academic Support*
MATT THULI | *Assistant Principal for Student Life & Alumni Relations*

ACTIVITIES

NICK TIBESAR | *Activities Director*

ADVANCEMENT

SCOTT BREIMHORST | *Vice President for Enrollment*
JACK KELLY | *Chief Development Officer*
LAURA PODERGOIS | *Director of Content Strategy & Communications*
AMANDA CAHILL | *Advancement Office Coordinator*
BETH GRUSSING | *Admissions Associate*
BRENDAN MEIER | *Digital Marketing Specialist*
KATIE MILLER | *Admissions Associate*

FINANCIAL ADMINISTRATION

ERIN HESSE | *Director of Finance*
JODI SMITH | *Accountant*

SUPPORT STAFF

MAUREEN BRENNER | *Administrative Assistant*
SARAH PINAMONTI, RN | *School Nurse*

GUIDANCE AND LEARNING SUPPORT

JEREMY BALDWIN | *Counselor*
STACY BUSCH | *Counselor*
KRISTA MCCOY | *Counselor*
JOSHUA RUTZ | *Counselor*
MEG REDSHAW | *Academic Support*
ANNIE KANDIKO | *Academic Support*
TRACY BOERBOOM | *Information Resources*

FACILITIES & MAINTENANCE

BRIAN AUBREY | *Director of Facilities*
ALFONSO MONTIEL
ANDREW RUEB
RICH SMITH

2021-2022 TEACHING STAFF

ENGLISH

ZACHARY BROWN
DEIRDRE DIGGINS
DR. BONNIE HOUCK
EMILY KIRSCH '14
CARLEE KOCON
LUKE OLLEY
LESLIE SWANSON

FINE ARTS

LAURA BOILLAT
JONATHAN KOPPLIN
BRAD PERRIN-SMITH
LINDSEY WERNER

MATHEMATICS

KAREN ATKINSON
KIRSTEN BOETTCHER
GARY KANNEL
ELIZABETH PIATT
ASHLYN SCHREINER '07

PHYSICAL EDUCATION AND WELLNESS

LAUREN KAHLE
PAUL RUSSO

SCIENCE

JOSHUA DWYER
SANDRA NAVARRETE
IAN PARZYCK
MIKE SANISLO
JIM WALKER

SOCIAL STUDIES

KYLE ECONOMY
PATRICK MAUS '03
DR. HOLLY POTTEBAUM
WILL THEOBALD

BUSINESS

ROBB RICHTER

TECHNOLOGY

GARY KANNEL
NICK LIVERMORE
BRAD PERRIN-SMITH
(*Technology Coordinator*)

THEOLOGY

DOUGLAS BOSCH
LYNNAE BOSCH
FR. NELS GJENGDAHL
BRENDAN MCINERNY
NATHAN SCHLEPP

WORLD LANGUAGES

DEIRDRE DIGGINS
JACOB DUECK
KAREN KIDROWSKI
JORGE OCONITRILLO
ARELY ZIMMERMANN



HOLY FAMILY

CATHOLIC HIGH SCHOOL

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